



THE FEDERATION OF MEDICAL SOCIETIES OF HONG KONG

香港醫學組織聯會

# Dream Cruises Presents: Federation Annual Dinner 2018

31st December, 2018 (MON)

Run Run Shaw Hall, The Hong Kong Academy of Medicine Jockey Club Building



**Dr Johnny Leo CHAN 陳樂軒醫生**  
Champion of Hospital Authority Singing Contest 2017  
超級星光大道十強參賽者



**Dr Ludwig TSOI 蔡振興醫生**  
MC



**Ms Sally POON 潘仕寶小姐**  
MC



**Ms Connie HAU 侯慧寧小姐**  
Singer



**Dr Kenneth LIU 廖浩廉醫生**  
Winner of The Hong Kong Medical Association  
Singing Contest 2018 (Solo Category)



**St John Band**  
The Performing Band of <不再油鹽>



**Dr HUI Wei Lee 許慧麗醫生**  
黑池舞蹈節(中國)師生組  
摩登舞(學生50歲以上)冠軍



**EC Swag**  
Funky Dance Group



**Dr Victor YEUNG 楊協和醫生**  
Winner of HKDU Singing Contest 2018  
Winner of HKMA Singing Contest 2016



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## Welcome Message from the President

New Year's Eve is always the most cherished, the most hopeful and the most loved day in a year. It is also the perfect time for family and friend reunion. It gives us great pleasure today to have this annual dinner with you all and to review 2018 together tonight. The Federation of Medical Societies of Hong Kong, as an umbrella society of 141 medical, dental, nursing and allied health societies, will continue our mission to take up the role of promoting high quality medical, health care and the advancement of knowledge, as well as by providing various continuing educational activities.

For example, a total of 15 certificate courses have been held jointly with member societies this year, covering diverse topics and areas with encouraging attendance and positive feedback. Our publication, the Hong Kong Medical Diary, is of professional interests with different monthly topic reviews and updated knowledge is sent to our registered medical professional colleagues free of charge, and electronic version is accessible through our website and the internet.

This year, the Federation collaborated with RTHK to run a 12-week series on medical information talk in "Healthpedia" 「精靈一點」. The issue editors and one of the authors of each monthly issue of the Hong Kong Medical Dairy are invited to attend the interviews to disseminate medical and health care knowledge on the latest patient care to the general public.

In the Annual Scientific Meeting 2018 with the theme of "Medical Advances in Community Health", we have invited various experts to address important latest knowledge and development in various aspects of community health.

To foster the development of palliative and end-of-life services for advanced diseases in Hong Kong, a "Care for the Advanced Diseases Consortium" (Chinese name of the consortium: 晚期病患醫療及各界關顧聯盟) was formed in last year with founder members and advisors from leading doctors and nurses, Non-Governmental Organisations and Patients' Associations with the aim to raise public awareness and to unite different stakeholders. Another objective of it is to gather broader views from health care professionals, patients and carers. This year, the consortium has drafted and submitted a proposal to the Government Policy Innovation and Co-ordination Office in August. Apart from offering continuing education, the Federation also provides a lot of other support to our member societies. One of the services of the Federation that is greatly appreciated by members is our meetings and our conference organising services. In the past one year, Federation has been invited to be the conference organiser of total eleven symposiums and annual scientific meetings of our member societies. One of the highlight this year is that the Federation was invited to be conference organiser of Hong Kong Nutrition Association - The 7th Asian Congress of Dietetics which was held in July at the Hong Kong Polytechnic University, over 700 overseas participants attended the conference.

To protect the health of our community, especially the health of the younger generations in Hong Kong, a Joint Press Conference for a ban on e-cigarettes was held on Sep27, 2018, to strongly urge the Government to issue a total ban of electronic cigarettes and other new tobacco products, as well as draw up a timeline for a total ban of conventional cigarette smoking. It is followed by a positive feedback from our government in our Chief Executive policy address.

On the charity side, the Federation's Foundation arm continues to organise Public talks on different important health issues.

As for tonight, with the theme of "Dream Cruise". A cruise in dreams means that you are ready to get rid of your own negative emotions and have pleasant moods. Apart from the need to be independent, compassionate, being a medical and health professional, we also need to be resilience, tolerance and prepare ourselves to deal with various clinical challenges. We need to have positive mood and energy to view challenges as opportunities. Tonight, It is time for dissolution and release of old ways, allowing for inner change and hearty renewal to take place in preparation for a brand new year ahead.

We hope you will enjoy the entertainment and excitement we have prepared for you and to welcome 2019 through glamorous ambience and wonderful melodies. Finally, I have to thank all for the effort and support from our Officers, EXCO members, Foundation directors, council members and staff of the secretarial board in 2018. We cannot succeed without your collaborations. With continuous support and contributions, we are confident in further excelling in 2019. We look forward to working alongside with you all in the near future.

Once again, on behalf of the Federation, I wish you and your family all the best, and may you all have a happy, healthy, wealthy and prosperous year ahead. Thank you!

Dr. Mario Wai-kwong CHAK  
President  
Federation of Medical Societies of Hong Kong



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*King Cheung*

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## Executive Committee

**President**  
**1st Vice-President**  
**2nd Vice-President**  
**Hon Treasurer**  
**Hon Secretary**  
**Immediate Past President**  
**Executive Committee Members**

Dr. Mario Wai-kwong CHAK  
Prof. Bernard Man-yung CHEUNG  
Dr. Chun-kong NG  
Mr. Benjamin Cheung-mei LEE  
Dr. Ludwig Chun-hing TSOI  
Dr. Raymond See-kit LO  
Dr. Jane Chun-kwong CHAN  
Dr. Kingsley Hau-ngai CHAN  
Dr. Kai-ming CHAN  
Dr. Alson Wai-ming CHAN  
Dr. Samuel Ka-shun FUNG  
Ms. Ellen Wai-yin KU  
Dr. Yin-kwok NG  
Dr. Desmond Gia-hung NGUYEN  
Dr. Kwai-ming SIU  
Dr. Thomas Man-kit SO  
Dr. Tony Ngan-fat TO  
Ms. Tina Woan-tyng YAP  
Dr. Victor Hip-wo YEUNG  
Dr. Edwin Chau-leung YU



## Dinner Committee

**FMSHK President**  
**Chairlady**  
**Chairman**  
**Members**

Dr. Mario Wai-kwong CHAK  
Ms. Sally Shi-po POON  
Dr. Ludwig Chun-hing TSOI  
Prof. Bernard Man-yung CHEUNG  
Dr. Chun-kong NG  
Mr. Benjamin Cheung-mei LEE  
Mr. William TSUI  
Dr. Victor Hip-wo YEUNG  
Mr. Samuel Yan-chi CHAN





香港保健No.1\*  
超過91%用家推薦

\*資料來源為2016年6月進行的問卷調查，共訪問462人。

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**太古 北角 銅鑼灣 上環 西環 香港仔**

太古城中心第2期APITA	2560 3169
北角英皇中心	3104 1463
銅鑼灣景隆街1號	2882 3921
銅鑼灣SOGO崇光百貨	3104 1811
上環永安百貨	
中環砵甸乍街	2554 7168
西環新安大樓	2948 2108
香港仔西安街5號	2553 1903

**沙田 馬鞍山 大埔 粉嶺 上水**

沙田廣場	2697 5068
沙田禾輦廣場	2752 8228
馬鞍山新港城中心4期	2479 0331
大埔昌運中心	3571 9668
大埔大里11號	2638 5518
粉嶺名都商場	2690 3331
上水中心購物廣場	2671 4533

**荃灣 葵涌 美孚 長沙灣**

荃灣千色匯	2940 6023
荃灣荃新天地	2941 0284
葵涌廣場	3583 1168
美孚新邨萬事達廣場	3974 5608
長沙灣元州商場	2749 6381

**尖沙咀 旺角 大角咀 紅磡**

尖沙咀加拿分道33號	2366 7782
旺角豉油街	2374 3451
大角咀奧海城3期	2677 2388
紅磡黃埔花園AEON	2773 0733

**鑽石山 樂富 黃大仙 九龍灣 九龍城**

鑽石山荷里活廣場	2955 7088
黃大仙中心·南館	2882 7788
樂富廣場UNY	2337 3103
樂富廣場2期PIAGO	2997 2880
淘大商場	2997 4418
九龍城荷里活道29號	2382 3099

**屯門 元朗 天水圍**

屯門市廣場1期	2882 3948
元朗千色匯	2478 5330
元朗朗屏商場	2446 6336
天水圍Town (北)	2430 3232
天水圍天澤商場	2461 6833
天水圍天耀商場	2755 1884

**觀塘 秀茂坪 油塘 調景嶺 將軍澳**

觀塘港鐵站8號舖	3148 1133
秀茂坪商場	2709 5033
油塘大本型	2752 1268
調景嶺都會駅	2809 2733
將軍澳POPCORN 2期	2752 1168
將軍澳坑口連理街商場	2774 5188
將軍澳新都城中心2期	3194 3911

**赤鱲角**

香港國際機場1號客運大樓	3421 0972
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**維特健靈(屈臣氏)專櫃**

· 上環信德中心	· 中環萬邦行
· 香港仔中心	· 炮台山南天大廈
· 天后德興大廈	· 北角英皇道
· 尖沙咀金馬倫道	· 尖沙咀星光行
· 奧海城	· 佐敦道19-21號
· 粉嶺名都廣場	· 沙田大圍路
· 大埔新達廣場	

**維特健靈(萬事)專櫃**

· 中環匯金商場	· 炮台山專櫃
· 葵芳新都會廣場	

**維特健靈澳門專門店**

· 澳門祐美大廈專門店	· 祐漢市場街
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## Programme Rundown

Opening Dance by EC Swag

Welcome Speech by the Dinner Committee Chairlady and Chairman

Speech by the President

Toasting

Table Game

Singing Performance by HKOTA Band

Souvenirs Presentation

Dance Performance by

Dr. Wei-lee HUI & Mr. Johnny LIU

Dr. Dui WU & Mr. Jianyu ZOU

Ms. Hannah LI

Singing Performance by

Dr. Mario Wai-kwong CHAK

Guests and FMSHK EXCO members

Dr. York CHOW

Dr. Nancy YUEN & Dr. Samuel KWOK

Ms. Tiffany TSUI

Dr. Mario Wai-kwong CHAK & Ms. Sally Shi-po POON

Bingo

Singing Performance by

St. John Band

Announcement of Costume Awards

Singing Performance by

Dr. Johnny Leo CHAN, Dr. Kenneth LIU & Dr. Victor Hip-wo YEUNG

Dance Session / Dance Fever Contest

Countdown

Announcement of Dance Fever Contest

Song Dedication

Raffle

End of Programme





## Menu

### **Dinner Menu**

**Duck Liver Terrine**  
served with Melba Toast and Green Salad

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**Chicken Consommé with Wild Mushroom**

\*

**Roasted Beef Tenderloin with Mushrooms and Red Wine Sauce**  
served with Grilled Tomatoes and Sweet Potatoes

OR

**Pan-fried Garoupa Fillet with Balsamic Brown Butter Sauce**  
served with Grilled Tomatoes and Sweet Potatoes

**Layer Green Tea Cake with Fresh Cream**

**Coffee and Tea**

### **Late Night Buffet Menu**

**Chicken Congee**

**Minced Beef Ball**

**Vegetables Dumpling**

**BBQ Pork Bun**

**Fried Vermicelli and Assorted Meat in XO Paste**

**Fresh Fruit Salad**

**Coffee and English Tea**





## Annual Statement of the Council 2018

November 22, 2018 at Federation Premises

Dr. Mario Wai-kwong CHAK, President, FMSHK

### MAJOR ACTIVITIES OF THE FEDERATION 2017-2018

I am pleased to present the Annual Statement, which outlines the fruitful and productive year of 2018 during which we have taken the Federation and Foundation to new heights.

The Federation was founded by two dedicated founder members, the Hong Kong Chinese Medical Association (present name Hong Kong Medical Association) and the British Medical Association (HK Branch) on 18 February 1965. After half a century, the Federation has grown from an initial 13 member societies to the current total of 141, representing more than 50,000 individual professionals in total encompassing medical, dental, and nursing specialities, subspecialties and allied health professionals societies of Hong Kong.

With the support and active participation of member societies and their members, the Federation organised dozens of professional projects / activities and services in 2018, including certificate courses, symposiums, conferences, talks and community and charity projects.

The member societies of FMSHK are starting to actively seek our services for both their administrative work and event organising; a number of member societies are currently organising international conferences. Through attending the events/ activities of member societies, I was able to get to know the latest trends in medical development, and get to know the President of our member societies; it has definitely helped me to guide the Federation in the right direction.

Going forward, as an umbrella organisation for all medical, dental, nursing and allied health societies of Hong Kong, the Federation will continue to uphold its commitment to promote the common good of fellow health professionals. Thank you in anticipation of your support. The Federation looks forward to working alongside you in the near future.

### Professional Education

#### *FMSHK Annual Scientific Meeting 2018*

On Oct. 7, 2018, the Federation of Medical Societies of Hong Kong successfully held the Annual Scientific Meeting 2018 at the Sheraton Hotel and Towers, with the theme of "Medical Advances in Community Health".

A total of 15 medical talks were delivered by a panel of distinguished speakers. They shared with us the latest knowledge and developments for Community Health, Hepatology & Cardiology, Brain Health, Mental Health & Oncology, Respiratory Health, Metabolic Disease, Dermatology & Allergy and infection & Urology.

FMSHK was much privileged to have the Officiating Guest, Prof. the Hon. Sophia CHAN Siu-chee, JP, Secretary for Food & Health Bureau, 宋瑋副部長, Liaison Office of the Central People's Government in Hong Kong SAR, 顧向應教授, Representative of the Chinese Medical Association, Dr. Constance CHAN Hon-yee, Director of Health, Prof. Hon Joseph LEE Kok-long, Legislative Council Member, Dr. Hon Pierre CHAN, Legislative Council Member – Medical, Dr. LAU Chor-chiu, Vice President of the Hong Kong Academy of Medicine and Dr. the Hon. Che-hung LEONG GBM, GBS, OBE, JP, to officiate the opening ceremony.

Prof. CHAN and the Honourable Guests showed us the 9 different symbols representing different aspects of medical advancement, namely, Technology and Innovation, Mental Health, Exercise, Medicine, Scientific Research, Quit Smoking and Alcohol, Genetic, Healthy Eating and Health Professional.



We would like to take this opportunity to express our sincere gratitude to our officiating guest, honourable guests, co-chairmen, chairpersons and speakers for their contributions that made the event a great success. Our gratitude also extends to various sponsors for their generous support.

## **Certificate Course**

A total of 15 certificate courses have been held so far this year. The impressive range of different courses was held in collaboration with member societies, and all were well organised with good attendances and feedback. The topics this year ranged diversely and spanned across different disciplines, including Healthcare Mediation Skills Workshop, Best Practices in Quality of Life Evaluation and Assessments, Oral and Maxillofacial Surgery for Dental Surgery Assistants, Mental Health, Communication and Swallowing Problems in the Elderly Population, Obstetrics, Respiratory Medicine, Renal Medicine, Management of Upper limb Pain Conditions, Clinical Cytogenetics and Genetics, Disease in Otorhinolaryngology, Head & Neck Surgery (ENT), Difficult Communications in Healthcare and Ophthalmology etc. New topics proposed from our member societies like Cardiology and Practical Obstetric Ultrasonography are most welcomed by the Healthcare Professionals.

## **Symposiums and Conference Organising Services**

One of the services of the Federation that is greatly appreciated by members is our meetings and conference organising services. We have strengthened these services and organised various scientific events for our member societies and partners in recent years. All of them were well attended by members and fellow professionals. The Federation will continue to serve our members' needs in this regard.

### ***NNI HKSPRA CME Dinner Symposium***

The NNI HKSPRA CME Dinner Symposium was held on Nov. 27, 2017 at Cordis Hong Kong, we were pleased to invite Dr. David FLEISCHER, the Associate Section Head, Section of Allergy & Immunology, Children's Hospital Colorado (CHCO) to deliver the lecture 'Allergy Prevention: Reality or Is It Only Just a Dream?.'

### ***10<sup>th</sup> International Symposium on Nutritional Aspects of Osteoporosis***

The 10<sup>th</sup> International Symposium on Nutritional Aspects of Osteoporosis was held on Nov. 28 – Dec. 1, 2017 at Kerry Hotel, Hong Kong. The 10<sup>th</sup> edition of this symposium is organized by Ms. Connie M. WEAVER, Robin M. DALY, Heike A. BISCHOFF-FERRARI and Man-sau WONG and we were pleased to invite a panel of distinguish overseas scientists to share the new scientific data, new concepts and update our knowledge on several nutrients.

### ***HKEUS ASM cum AGM 2018***

The Hong Kong Endoscopic Ultrasonography Society (HKEUS) Annual Scientific Meeting cum Annual General Meeting 2018 was held on May 10, 2018 at Cordis Hotel, Hong Kong. We were pleased to invite Prof. Alan SIHOE, Queen Mary Hospital and Dr. Kevin LAU, Our Lady of Maryknoll Hospital to be our speakers. The meeting was attended by 72 members and invited guests.

### ***HKNA The 7<sup>th</sup> Asian Congress of Dietetics***

Hong Kong Nutrition Association – The 7<sup>th</sup> Asian Congress of Dietetics was held on Jul. 6-8, 2018 at the Hong Kong Polytechnic University, Hong Kong. The theme was "The Rise of Nutrition and Dietetics". The event including the exhibition, 4 plenary lectures, 23 parallel sessions, 4 luncheon symposiums, 1 pre-conference workshop, 1 gala dinner, 5 oral presentation sessions and 2 ceremonies. Over 700 overseas attended the conference, including AFDA members, delegates, industrial partners and guests.

### ***HKCHSE Annual Conference cum Annual Dinner 2018***

Hong Kong College of Health Service Executives Annual Conference cum Annual Dinner 2018 was held on Sept. 1, 2018 at the Cordis Hotel, Hong Kong. The theme was "Creativity for Better Care". Over 140 HKCHSE members, guests and industrial partners attended the conference and annual dinner.



### **HKSSM ASM 2018**

The Hong Kong Society of Sleep Medicine Annual Scientific Meeting 2018 was held on Sept. 29, 2018 at Hotel ICON, Tsim Sha Tsui. Local experts were invited to share their experiences and knowledge. There was a series of lectures and case sharing to provide participants an update on recent developments in the area of sleep medicine. The meeting was attended by 100 members.

### **HKCEM Scientific Symposium on Emergency Medicine 2018**

Hong Kong College of Emergency Medicine Scientific Symposium on Emergency Medicine 2018 was held on Oct. 26, 2018 at the Hong Kong Academy of Medicine Jockey Club Building. The theme was "Simulation Training in Emergency Medicine (STEM)" (急症模擬訓練新領域). Over 150 HKCEM members, guests, industrial partners and speakers attended the conference and annual dinner.

### **Publics talks of Hong Kong Society of Sleep Medicine**

Four public talks have been organised by the Hong Kong Society of Sleep Medicine in 2018. The first talk on "拆解失眠" was given on Mar. 17, 2017, and the second talk on "失眠, 有辦法" was held on Sept. 2, 2017. 189 participants have attended the talks at the Lecture Hall of the Federation. The 3<sup>rd</sup> talk of "睡眠窒息症" was held Nov. 18, 2017, 45 participants attended, and the 4<sup>th</sup> talk of "睡眠呼吸機攻" will be held on Dec. 2, 2018 are most welcomed by the general public which the total numbers of registration have reached to 230.

## **Secretarial Service**

Various secretarial service packages were developed to support the administrative work of member societies as a members' benefit. In total, four societies had joined the Elegant Package; three societies had joined the Basic Package; while two societies had joined the Simple Package. Furthermore, five societies had joined the Web Hosting SWIFT package, nine societies joined the mail related services and two societies joined the storage service. It's our aim to provide all-in-one office solution services to our members to share their administrative workload.

## **Enhancing Professionalism and Advocacy for our Member Societies and the Public**

For its advocacy role, the Federation continues to actively express our members' and the public's viewpoints on professional issues and public concerns.

### **Consultation Paper on the United Nations Convention on the Rights of Persons with Disabilities**

The consultation paper entitled 'United Nations Convention on the Rights of Persons with Disabilities', was published by the Rehabilitation Division, Labours & Welfare Bureau (LWB). FMSHK was invited by LWB to gather views from professionals in the healthcare industry. Invitations were sent to member societies for review and comments on Apr. 10, 2018.

### **Consultation Paper on Miscellaneous Sexual Offences**

The consultation paper entitled 'Miscellaneous Sexual Offences', was published by The Law Reform Commission of Hong Kong (LRC) Review of Sexual Offences Sub-committee. FMSHK was invited by LRC to gather views from professionals in the healthcare industry. Invitations were sent to member societies for review and comments on Jul. 10, 2018.

## **Publications**

### **Hong Kong Medical Diary**

Our Hong Kong Medical Diary (HKMD) is sent to our registered medical professional colleagues free of charge, and electronic versions are accessible through our website and the internet. Concise and valuable updates on the latest medical knowledge are provided, crossing different fields and specialties. The twelve issues of 2018 covered Genomics Medicine, Cleft surgery, Ophthalmology, Obesity, Epilepsy, Cardiology, Geriatrics, Urology, Oncology, Integrative Chinese-western Medicine in Hong Kong, Dermatology and ENT.



Dr. MOK Chun-on, the Editor-in-chief of HKMD, retired from the position after ten years services (Feb 2008 – Mar 2018), Dr. Jane CHAN was appointed to be the new Editor-in-chief.

### Radio Programme

Starting from Oct. 10, 2018, the Federation is now collaborating with a popular health programme of RTHK Radio One to run a regular series on medical and healthcare information in “精靈一點”. It runs from 2pm to 3pm every Tuesday. The 12 sessions will be related to the themes of Hong Kong Medical Diary 2018. Issue editors and authors are invited to attend the interviews to disseminate medical and healthcare knowledge on latest patient care to the general public.

Date	Topic	FMSHK representative 1	FMSHK representative 2
Oct. 10	基因組醫學的應用 – 遺傳性心律不正及心肌症	Dr. Ivan LO	Dr. LUK Ho Ming
Oct. 17	顎裂的成因與治療	Dr. Peter PANG	Dr. George LI
Oct. 24	黃斑病變與視覺神經病變	Dr. Ian WONG	Dr. Chi-on CHENG
Oct. 31	內外夾攻肥胖症	Dr. Michele YUEN	Dr. Daniel TONG
Nov. 7	兒童腦癱與手術治療	Dr. Mario WK CHAK	Dr. Sui-to WONG
Nov. 14	冠心病的預防和及早發現 – 香港 2018	Dr. Bernard BL WONG	Dr. Chi-kin CHAN
Nov. 21	攜手協助長者面對晚期病患	Dr. Raymond LO	Prof. Linda LAM
Nov. 28	良性前列腺增生與前列腺癌	Dr. Martin WONG	Dr. Darren POON
Dec. 5	用生活方式防治癌症	Dr. Victor HSUE	Dr. Ka-on LAM
Dec. 12	中西預防醫學	Dr. Edwin YU	Prof. Zhao-xiang BIAN
Dec. 19	冬天常見的皮膚病及皮膚護理	Dr. Hau-ngai, Kingsley CHAN	
Dec. 26	兒童耳鼻喉問題 / 唾液腺問題	Dr. Birgitta Yee-hang WONG	Dr. Siu-kwan NG

### TV Programme

Federation was invited by TVB and RTHK TV to join their TV programmes.

Programme (Channel)	Date	Topic	Speaker / Proposed Speaker
Vital Lifeline 最強生命線 (TVB)	Mar 2018	Gastric Ulcer	Prof. Justin C.Y. WU
日常 8 點半 (RTHK TV)	Oct. 8, 2018	電子煙的禍害	Dr. Jane CHAN
日常 8 點半 (RTHK TV)	Oct. 25, 2018	德國麻疹	Dr. Kai-ming CHAN
Vital Lifeline 最強生命線 (TVB)	Nov 2018	Hernia	Dr. Siu-hung LO
Vital Lifeline 最強生命線 (TVB)	Nov 2018	網球肘	Dr. William CHAN
日常 8 點半 (RTHK TV)	15 Nov 2018	流感	Dr. Kai-ming CHAN
日常 8 點半 (RTHK TV)	16 Nov 2018	嬰幼兒應否吮奶嘴	Dr. Alson CHAN

### External Activity

The Federation has also been active in renewing long term friendship with external organisations. It is our interest to link up with our partners, synergising the enthusiasm and determination to serve the community.

### Federation Visit to Beijing CMA Conference

The Federation was cordially invited to attend the “2018 CMA Annual Scientific Meeting & The 2<sup>nd</sup> Pak-China Medical Congress & Belt and Road Forum of Medical Associations” (中華醫學會2018年學術年會與第二屆中巴醫學大會暨一帶一路醫學學會論壇) on Jan. 25-27, 2018. Dr. Mario CHAK, President of the Federation of Medical Societies of Hong Kong (FMSHK), together with Prof. Bernard CHEUNG, the 1st Vice-President of the Federation attended the meeting at the China National Convention Center in Beijing. Other than the Federation, participants include representatives from the World Medical Association, American Medical Association, Pakistan Medical Association, British Medical Association, ad Japan Medical Association etc. In addition, the delegation visited the Peking Union Medical College Hospital. It was a successful visit and we would like to express our sincere gratitude to the CMA for their invitation and kind hospitality.

### Talk on Osteoporosis

The talk was co-organized by The Federation of HK Community Organization(香港廣東社團總會) and the Federation. The talk was held on Jul 7, 2018 at World Trade Centre Club. We are pleased to have invited Dr. Enoch WU, specialist in Endocrinology and Metabolism, to be the speaker.



### **Federation Visit to Hangzhou CMA World Health Conference**

The Federation was invited to attend the “World Health Conference” on Oct. 18-22, 2018. Dr Mario CHAK, President of the Federation of Medical Societies of Hong Kong (FMSHK), together with Prof. Bernard CHEUNG, the 1<sup>st</sup> Vice-President of the Federation attended the meeting at the Hangzhou International Expo Center in Hangzhou. Other than the Federation, participants include representatives from the World Medical Association. In addition, the delegation visited the Shulan Health and Alibaba Group. It was a successful visit and we would like to express our sincere gratitude to the CMA for their invitation and kind hospitality.

### **Supported and attended members' and external activities**

<b>Date</b>	<b>Organiser</b>	<b>Event</b>	<b>Attended by</b>
Nov. 11 2017	Hospital Authority	Chinese Medicine Hospital Experts Sharing Seminar 2017	Dr. Mario CHAK
Dec. 10, 2017	Hong Kong Anti-Cancer Society	The Hong Kong Cancer Day 2017 The kick off ceremony	Dr. Mario CHAK
Feb. 3, 2018	The Institute for Health Policy and System Research	Great Bay Area Health Forum 大灣區健康產業高峰論壇	Dr. Mario CHAK Dr. Alson CHAN
Feb. 24, 2018	Liaison Office of the Central People's Government in the Hong Kong SAR	Liaison Office of the Central People's Government in the Hong Kong SAR Spring Cocktail	Prof. Bernard CHEUNG Dr. Ludwig TSOI
Mar. 5, 2018	The Hong Kong Society of Professional Optometrists	The Hong Kong Society of Professional Optometrists Continuing Education Seminar	Dr. Mario CHAK (speaker)
Apr. 20, 2018	Department of Health	“Spread the Joy”	Ms Tina YAP
Apr 21-22, 2018	Association of Private Medical Specialists of Hong Kong	Multi-specialty Medical mega Conference 2018	Dr. Mario CHAK
Apr. 26, 2018	Hong Kong Association of the Pharmaceutical Industry	Annual Dinner cum 50th Anniversary Celebration of the Association	Dr. Mario CHAK
May 4, 2018	Department of Health	Health Promotion Symposium cum Central Health Education Unit 40th Anniversary Celebration	Dr. Mario CHAK
May 17, 2018	The Hong Kong Paediatric Society	Oration on Child Health 2018	Dr. Mario CHAK
May 24, 2018	Hong Kong Occupational Therapy Association	HKOTA 40th Anniversary Dinner	Dr. Mario CHAK Dr. CK NG Ms. Nancy CHAN
Jun. 9, 2018	The Hong Kong Geriatrics Society	The Hong Kong Geriatrics Society ASM 2018	Dr. Mario CHAK
Jun. 10, 2018	Nocturia Academy	Inauguration Ceremony of Hong Kong Elderly Welfare Foundation – Nocturia Academy Cum Launch of Nocturia Academy Apps for iOS And Android Devices	Dr. Mario CHAK
Aug. 25, 2018	The Chinese General Chamber of Commerce, Hong Kong Hong Kong Ta Kung Wen Wei Media Group Limited	香港大講堂 (Hong Kong Forum) - 「粵港澳大灣區 - 構建健康共同體, 打造優質生活圈」	Dr. Mario CHAK Prof. Bernard CHEUNG Dr. CK NG
Aug. 29 – 31, 2018		Medical Fair Asia 2018	Dr. Raymond LO
Sept. 6, 2018	Association of Private Medical Specialists of Hong Kong	Multi-Specialty Medical Mega Conference 2019	Dr. Mario CHAK
Oct. 14, 2018	World Heart Federation	World Heart Day	Prof. Bernard CHEUNG
Oct. 26, 2018	The Pharmaceutical Distributors Association of Hong Kong Limited	PDA Annual Dinner 2018	Dr. Mario CHAK Dr. Ludwig TSOI

### **Support of Public Health Policy**

#### **Meeting on Non-Communicable Disease (NCD) with Department of Health**

On Aug. 20, 2018, Dr. Mario CHAK, Prof. Bernard CHEUNG, Dr. CK NG, Ms. Tina YAP and Dr. Alson CHAN attended the meeting with Department of Health on “Strategy and Action Plan to Prevent and Control non-communicable Diseases in HK”. Nine targets were identified to be achieved by 2025.

#### **E- Health Records Sharing System**

The Federation attended the Stakeholder Engagement Meeting - Consultancy Study on Patient Portal and Sharing Restriction in the e- Health Records Sharing System. The objectives of the meeting were to develop a user-friendly interface online and to cover domains such as allergies, appointments, procedures and diagnosis, referrals, drugs, immunization records,



birth records, discharge summaries and investigation results. The chairman of the meeting was Mr. Alan Lee of Ernst and Young (EY), attendees are Samuel Cheng (EY), Natalie Chong, Dr. Wong Wing Nam (FHB) and Dr. Eric Tang Wai Choi (HK Doctors Union).

### ***Ban on Tobacco and New Tobacco products***

#### **1. Co-signing the Letter Advocating for Raising Tobacco Tax**

Federation was one of the co-signatories to an open letter for raising tobacco tax by 100% in the 2018-19 Budget. The purposes of the letter was to encourage smoking cessation, Prevent youth uptake, Reduce smoking prevalence and Initiate tobacco endgame in Hong Kong in 2027.

#### **2. Supported COSH – advocates to ban e-cigarettes and heat-not burn tobacco products**

Federation supported and co-signed the proposal drafted by COSH, advocated to promptly ban all new forms of tobacco products.

#### **3. Co-signatory of the Joint submission COSH**

Federation was one of the co-signatories of the Joint submission to Policy Address.

#### **4. “Towards a Tobacco Endgame in Hong Kong” Conference**

The Federation was one of the supporting organisations of the conference entitled “Towards a Tobacco Endgame in Hong Kong”, which was jointly organised by the Department of Health and the Hong Kong Council on Smoking and Health (COSH).

#### **5. Joint Press Conference on Banning electronic cigarettes**

To protect the health of our community, especially the health of the younger generations in Hong Kong, a Joint Press Conference for a ban on e-cigarettes was held on Sept. 27, 2018, to strongly urge the Government to issue a total ban of electronic cigarettes and other new tobacco products, as well as to draw up a timeline for a total ban of conventional cigarette smoking.

The participating organisations were Federation, the Hong Kong Medical Association (HKMA), the Hong Kong Dental Association (HKDA), and the Hong Kong Council on Smoking and Health (COSH). We were pleased to have Dr Jane CHAN, Dr Ludwig TSOI, Dr LIU Wai-ming (HKDA), Dr David LAM (HKMA), Prof LAM Tai-hing (HKU), Ms Yolanda NG (COSH) and Dr Daniel HO (COSH) to join as member of the panel. Dr Raymond LO and Dr Alson CHAN also spoke on behalf of the Federation.

## ***FMSHK Activities for Members Fraternity***

### ***Queen Mary 2 Ship Visit***

The Queen Mary 2 Ship Visit was successfully held on Mar. 30, 2018. We were honored to have 58 Exco Members, Foundation Directors, Presidents, Hon. Treasurers, Hon. Secretaries and Council Representatives of our Member Societies, and members of Federation to join us on board. All the guests had a delightful and lovely evening with an extensive ship tour and fine dining in the elegant setting of the Verandah restaurant. Our President, Dr. Mario CHAK marked the opening with a warm welcome speech. He updated our members Federation's latest activities and possible collaborations with the Chinese Medical Association as well as the medical professionals in the Greater Bay Area.

### ***Maserati Test Drive Event***

The Maserati Test Drive Event was successfully held on Aug. 19, 2018. We were honoured to have 9 Exco Members, and members of Federation to join us. An exclusive test drive of the latest model namely Quattroporte, Ghibli and Levante were arranged for the guests while other accompanying people enjoyed portrait drawings with Maserati cars.

### ***Annual Dinner 2017 - Federation Galaxy***

With the theme Federation Galaxy, the programme and venue were designed to match a joyous dancing & singing atmosphere with wonderful melodies. We were delighted to have exquisite performances delivered by Ms. Skye CHAN (陳倩揚). The Dinner was another successful example of the Federations spirit. It was attended by over 250 guests from our member societies and partners from the medical & health care communities. The Costume Prize and the Dance Fever Competition were absolutely entertaining and great fun.



We were privileged to have many distinguished guests joining us, including Prof. Sophia CHAN, the Secretary for Food and Health; Dr CHUI Tak-yi, Under Secretary for Food and Health; Prof. John LEONG, Chairman of the Hospital Authority, and Mrs. Annie LEONG; Dr. LAU Chor-chiu, Vice-President (General Affairs) of the Academy of Medicine; Dr. HUANG Chen-ya, Past President of The Federation of Medical Societies of Hong Kong, and Mrs. HUANG Chak-yee; Dr. York Yat-ngok CHOW; Dr. LUK Wai-sum, Vice President of Association of Licentiates of Medical Council of Hong Kong; Dr. Bernard KONG, President of The Hong Kong Society of Medical Professionals; Dr. Henry YEUNG, President of Hong Kong Doctors Union; The Hon. Prof. Joseph LEE and Prof. Diana LEE; The Hon. Dr. LEONG Che-hung and Dr. Lillian LEONG; Dr. Laurence HOU, Dr. LUK Wai-sum, Dr. Nancy YUEN, and Dr. Bernard KONG. The presence of these honourable guests brightened up the evening and we owe them our heartfelt thanks.

We were pleased to have several superb and talented performers from the medical communities to give a variety of performances during the dinner, including dance performances by EC Swag and Dr. Ludwig TSOI, string music by Forever Fiddlers and members of the HKMA Orchestra, dance performances by Dr. HUI Wei Lee and Mr. Johnny LIU, Dr. LAU Wing-ci and Dr. Dora WONG, and Dr. WU Dui and Mr. ZOU Jian-yu, singing by Dr. Johnny Leo CHAN, Dr. York CHOW, Dr. Nancy YUEN and Dr. Samuel KWOK, and songs by the SPOT Band from HKOTA. The dinner was indeed a star-studded event. The highlight was undoubtedly the rendition of the Cantopop classic, 'a Bright Future', by Prof. the Hon. Sophia CHAN, Dr. Mario CHAK, President of FMSHK, Prof. John LEONG, Prof. the Hon. Joseph LEE, Dr. York CHOW, Dr. Nancy YUEN, Ms. Tina YAP, Dr. LAU Chor-chui, Dr. KM SIU and our executive committee members. The atmosphere of the evening was brought to a climax with the countdown party and pop-songs performed by Dr. Mario WK CHAK, President of FMSHK; Dr. Ludwig TSOI, Dr. Desmond NGUYEN and Dr. Victor YEUNG, the EXCO members of FMSHK.

This year, we had many fabulous prizes which were worth up to \$100,000, including the Premier Raffle Prize for a 12 Days Aristocratic British Isles Cruise Vacation; Facial Package, Cleaners Gift Packs, Photo Printer, Coffee Machines, Chocolate Maker Machine and Ginnie Beanie Machine.

All in all, it was a beautiful night during which we shared our joy and excitement together. We would like to express our sincere gratitude to all our sponsors, and thank all our guests for joining us on this memorable occasion.

### **FMSHK Spring Dinner 2018**

The Federation celebrated the 2018 Chinese New Year with a Spring Dinner on Mar. 18, 2018. It was a festive occasion as our President, Officers, Executive Committee Members, Foundation Directors and the Secretariat colleagues gathered for the New Year.

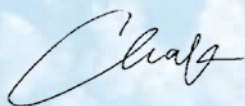
## **Community and Charity Projects**

The Foundation's Charity Projects for Children in Need continue to gain momentum. The Charity Project for 2017-2018 is the Expressive Art Therapy Classes for Children in Need (with emotional or stress problems or bereaved situation). Throughout the activities & training workshops, we hoped to help the children to build up their positive self-image, problem solving abilities, as well as friendship and team spirit amongst their peers. The programmes received very positive feedbacks from teachers, students & their parents.

## **2017-2018 Family-Friendly Employers Award Scheme**

The FMSHK obtained three awards in 2017-2018, including 「2017/18年度家庭友善僱主」, 「2017/18年度特別嘉許（金獎）」 and 「2017/18年度支持母乳餵哺獎」, the award presentation ceremony would be held on Dec. 8 at the Mickey and the Wondrous Book, Fantasyland - Disney's Storybook Theater (迪士尼樂園魔法書房).

Thank you for your kind attention.



**Dr. Mario Wai-kwong CHAK**

President, Federation of Medical Societies of Hong Kong



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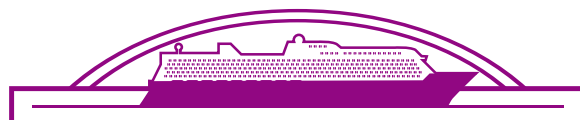
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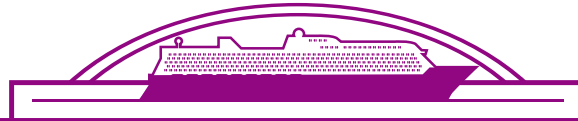
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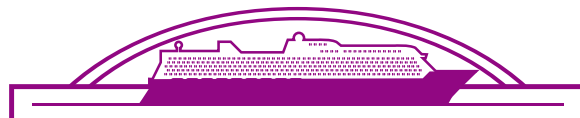
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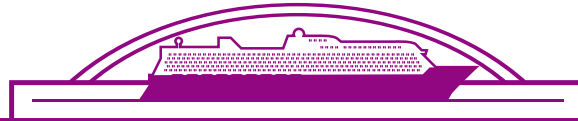
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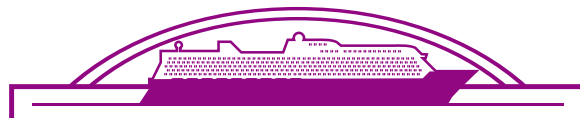
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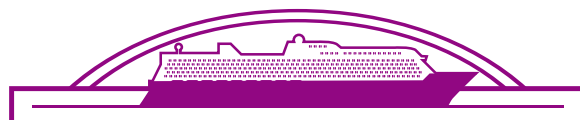
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References:  
1. Rawlings AJ and Madbeck JE. *Skin: A Practical Approach*, 2011, Chapter 44, p 247-69. 2. Taniue S, Ota Y, Kitamura H, Katsuda T and Itowa S. *Red J Dermatol*. 2000; 143: 524-531. 3. Rawlings AJ, Davies A, Calzavara M, et al. *Arch Dermatol Res*. 2008; 300(7): 383-392. 4. Data on file, Sanofi, 1, Grove KA and Barnes TJ. 2018.  
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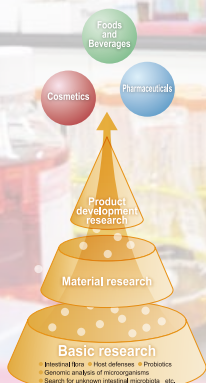
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📘：www.facebook.com/Bamboos.com.hk

# Global Expansion

# Yakult



Yakult Central Institute



In the midst of global competition in research and development, in order to accelerate R&D and technical development with a unified structure from basic research to product feasibility research, we will conduct a wide range of studies at research buildings replete with cutting-edge equipment and devices.

Yakult's research and development activities



Hong Kong Yakult Co., Ltd.

50th





**Location:** 4/F., Duke of Windsor Social Service Building,  
15 Hennessy Road, Wan Chai, Hong Kong

Sound system : microphones /  
Notebook with LCD projector /  
42" TV / Broadband Internet & wifi /  
Refreshment Ordering, Drinks Ordering /  
Printing & Photocopy Services

Council Chamber





## Dream Cruises x MONOPOLY

♦ World's 1<sup>st</sup> life-size MONOPOLY Board Game at Sea! ♦

To celebrate Lunar New Year of the Pig, MR. MONOPOLY will take a Captain's role aboard World Dream wishing guests Kung Hei Fat Choi and good fortune.

### Festive Fun at Sea

- MR. MONOPOLY Chinese New Year Parade
- MONOPOLY Family Game Challenge
- MONOPOLY Fun Time - Be The True MONOPOLY at Sea
- MONOPOLY Tea Set
- Meet and Greet with MR. MONOPOLY
- Chinese New Year Theme & Countdown Party
- Traditional Chinese Fables, Legend & Stories for kids
- Little Dreamers - STEAM unleashing youngster potential
- Destiny at Sea: Feng Shui Forecasts by Master Pius Chan (Only on 27/1 sailing)



### 5-night Naha & Miyakojima Discovery

Departs Sunday from Hong Kong

**Interior Stateroom – Balcony Stateroom**

Original price from HK\$5,610 per person

NOW HK\$**2,805** per person up  
(Double occupancy)

### Celebrate Year of the Pig in the sun

Departing 3 Feb 2019

from HK\$**7,567** per person  
(Triple occupancy)

**50% OFF**

Offers apply to  
sailing departing  
from Feb – Aug\*  
Valid till 31 Jan

### 2-Night Weekend Getaway

Departs Friday from Hong Kong

**Interior Stateroom – Balcony Stateroom**

Original price from HK\$2,240 per person

NOW HK\$**1,120** per person up  
(Double occupancy)

### Celebrate Lunar New Year Festival

Departing 8 Feb 2019

from HK\$**2,992** per person  
(Triple occupancy)

**50% OFF**

Offers apply to  
sailing departing  
from Feb – Aug\*  
Valid till 31 Jan

Enquiries and reservation  
**2317 7711**  
dreamcruiseline.com

Quote with  
offer code  
"FMSHK"

Terms and Conditions: \*Offer is only available from 31 December 2018 until 31 January 2019 and applicable to selected sailings only. Must quote with offer code "FMSHK" to enjoy the exclusive offer. 5-Night cruise will call at Guangzhou (Nansha) for transit. All Hong Kong and Macau passengers must bring their Home Visit Permit. Offer is applicable to specific departures only and cannot be used in conjunction with any other promotional offers. Cruise fares shown are per person based on double/triple sharing in an Inside Stateroom (ISS/ISA) and calculated in HKD. Price excludes gratuities, port charges, shore excursion, travel insurances, transportation, visa charges and other incidental charges. Booking is subject to availability by first-come-first-served basis. Dream Cruises reserves the right to amend these Terms and Conditions as well as to vary or terminate any of the offers without prior notice. All information for reference only and subject upon booking. For more details, please refer to Terms and Conditions of the Guest Ticket Contract ("The Passage Contract"). Promotion fare is not applicable to group tour. Photos are for reference only. Activities to be arranged in accordance with the prevailing condition and subject to change without prior notice. In the event of disputes, decision of Dream Cruises shall be final and binding. (HKGWD18039, HKGWD19001)