



THE FEDERATION OF MEDICAL SOCIETIES OF HONG KONG

香港醫學組織聯合會

Federation *Romance* The Federation Annual Dinner 2019

31st December, 2019 (TUE)

Run Run Shaw Hall, The Hong Kong Academy of Medicine Jockey Club Building



Dr Victor YEUNG
楊協和醫生

Winner of HKDU Singing Contest 2018
Winner of HKMA Singing Contest 2016



Prof Bernard CHEUNG
張文勇教授
MC



Ms Sally POON
潘仕寶小姐
MC



Ms Connie HAU
侯慧摩小姐
Singer



Dr Johnny Leo CHAN
陳樂軒醫生

Champion of Hospital Authority Singing Contest 2017
第四屆超級星光大道十強參賽者



Dr Wei Lee HUI
許慧麗醫生

2017黑池舞蹈節(中國)師生組
摩登舞(學生50歲以上)冠軍



Dr Axel SIU
蕭粵中醫生

Dr Wai Kin LEE
李偉健醫生

Comedy Duo



Prof Sydney TANG
鄧智偉教授



Dr Kenneth LIU
廖浩廉醫生

Winner of Hong Kong Medical Association
Singing Contest 2018 (Solo Category)

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Welcome Message from the President

New Year's Eve is always the most cherished, the most hopeful and the most loved day in a year. It is also the perfect time for family and friend reunion. It gives us great pleasure today to have this annual dinner with you all and to review 2019 together tonight. The Federation of Medical Societies of Hong Kong, as an umbrella society of 142 medical, dental, nursing and allied health societies, will continue our mission to promote high quality medical, health care and the advancement of knowledge, as well as to provide various continuing educational activities.

For example, a total of 19 certificate courses have been held jointly with member societies this year, covering diverse topics and areas with encouraging attendance and positive feedback. Our publication, the Hong Kong Medical Diary, is of professional interests with different monthly topic reviews and updated knowledge not only is sent to our registered medical professional colleagues free of charge, its electronic version is also accessible through our website and the internet.

This year, the Federation collaborated with RTHK to run a 12-week series on medical information talk in "Healthpedia" 「精靈一點」. The issue editors and one of the authors of each monthly issue of the Hong Kong Medical Diary are invited to attend the interviews to disseminate medical and health care knowledge on the latest patient care to the general public.

In the Annual Scientific Meeting 2019 with the theme of "Innovative Medical Technology", we have invited various experts to address important latest knowledge and development in various innovative medical technology.

Apart from offering continuing education, the Federation also provides a lot of other support to our member societies. One of the services of the Federation that is greatly appreciated by members is our meeting and our conference organising services. In the past year, Federation has been invited to be the conference organiser of total twelve symposiums and annual scientific meetings of our member societies.

On the charity side, the Federation's Foundation arm continues to sponsor the bereaved children for music lessons and organise musical lessons for the disabled children and their families.

As for tonight, with the theme of "Federation Romance". Romantic means conducive to or characterised by expression of love. Romance doesn't necessarily mean love between two people. Romance may also be referred to the passion you get from pursuing an ideal that you value.

Often we think what we can do to relieve the suffering of another being is too small to matter, so we pass it by waiting for the "bigger act" that will really make a difference. In reality, it's a smile, a gentle hug that says "I got you", a compassionate ear that will listen until it is no longer needed, or a hot meal and clothes for a homeless man that means everything in the moment, that becomes life-changing. Everyone of us has, actually, incapable to create romance in our daily lives.

No act of caring for others and you is ever too small or wasted.

People always ask, how can I or my partner be more romantic? Romance like infection and is highly contagious. So the best way to get your partner to be more romantic is to more romantic with your partner first. Of course, the most effective way is to come and join our federation romance annual dinner tonight together with your partner.

Tonight, it is time for dissolution and release of old ways, allowing for inner changes and hearty renewal to take place in preparation for a brand new year ahead.

We hope you will enjoy the successful entertainment and excitement we have prepared for you and to welcome 2020 through glamorous ambience and wonderful melodies. With the support of the Presidents of our member societies, the Federation has successfully completed an election of officers and exco in the last Annual general meeting in November 2019. A new group of exco and a similar group of officers were elected, for the coming tenure of two years. Next year, the federation will celebrate its 55th anniversary and we will organise the reunion party and dinner of all of our previous presidents and officers and excos and will invite our talent member societies to perform on stage. Finally, I have to thank all for the effort and support from our Officers, EXCO members, Foundation directors, council members and staff of the secretarial board in 2019. We cannot succeed without your collaborations. With continuous support and contributions, we are confident in further excelling in 2020. We look forward to working alongside with you all in the near future.

Once again, on behalf of the Federation, I wish you and your family all the best, and may you all have a happy, healthy, wealthy and prosperous year ahead. Thank you!

Dr. Mario Wai-kwong CHAK
President
Federation of Medical Societies of Hong Kong

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Further information available upon request.

References:

1. EVA biolact® Greece package insert. 2. Jurenka, JS. Bacillus coagulans. Alternative Medicine Review. 2012;17:76-81. 3. McGroarty JA. Probiotics use of lactobacilli in the human female urogenital tract. FEMS Immunol Med Microbiol. 1993;6:251-264.



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2nd Vice-President
Hon Treasurer
Hon Secretary
Immediate Past President
Executive Committee Members

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Prof. Bernard Man-yung CHEUNG
Dr. Chun-kong NG
Mr. Benjamin Cheung-mei LEE
Dr. Ludwig Chun-hing TSOI
Dr. Raymond See-kit LO
Dr. Jane Chun-kwong CHAN
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Dr. Kai-ming CHAN
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Dr. Kwai-ming SIU
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Mr. William TSUI
Dr. Wilfred Hing-sang WONG
Ms. Tina Woan-tyng YIP
Dr. Victor Hip-wo YEUNG
Dr. Edwin Chau-leung YU



Dinner Organising Committee

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Chairlady
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Ms. Sally Shi-po POON
Prof. Bernard Man-yung CHEUNG
Dr. Kai-ming CHAN
Dr. Samuel Ka-shun FUNG
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Dr. Wai-kin LEE
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Programme Rundown

Opening Performance by Dr. York CHOW & Ms. Tina YIP

Welcome Address by the Dinner Committee Chairlady and Chairman

Welcome Speech by the President

Toasting

Table Game

Comedy Duo by Dr. Axel Yuet-chung SIU, Dr. Wai-kin LEE & Dr. Kai-ming CHAN

Singing Performance by

Dr. Mario Wai-kwong CHAK

Guests & FMSHK EXCO members

Dance Performance by

Dr. Wei-lee HUI & Friend

Mrs. Teresa CHIN & Friend

Dr. Dora LAU & Mr. Wing-chi LAU

Group Performance by

Ms. Sally Shi-po POON, Dr. Mario Wai-kwong CHAK & Dr. Wei-lee HUI

Singing Performance by

Dr. York CHOW, Dr. Loletta Kit-king SO, Dr. Nancy Shi-yin YUEN

Ms. Sally Shi-po POON & Dr. Henry YEUNG

Bingo

Singing Performance by

Dr. Kai-ming CHAN, Dr. Jeffrey PONG, Dr. Sze-sing KWAN, Ms. Claudia CHAN

Prof. Sydney TANG, Dr. Johnny Leo CHAN, Dr. Kenneth LIU & Dr. Victor Hip-wo YEUNG

Announcement of Best Costume Awards

Group Dance Performance

Dance Session / Dance Fever Contest

Countdown

Announcement of Dance Fever Contest

Raffle

Singing Performance by Dr. Loletta Kit-ying SO & Dr. Nancy Shi-yin YUEN

Song Dedications

End of Programme



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資料來源: 1. Logo et al. (2015) Nutrition Journal 15: 14. 2. Crowley et al. (2009) Int J Med Sci 6: 312-324.
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Annual Statement of the Council 2019

21 November 2019 at Federation Premises
Dr. Mario Wai-kwong CHAK, President, FMSHK

MAJOR ACTIVITIES OF THE FEDERATION 2018-2019

I am pleased to present the Annual Statement, which outlines the fruitful and productive year of 2019 during which we have taken the Federation and Foundation to new heights.

The Federation was founded by two dedicated founder members, the Hong Kong Chinese Medical Association (present name Hong Kong Medical Association) and the British Medical Association (HK Branch) on 18 February 1965. After half a century, the Federation has grown from an initial 13 member societies to the current total of 142, representing more than 50,000 individual professionals in total encompassing medical, dental, and nursing specialities, subspecialties and allied health professionals societies of Hong Kong.

With the support and active participation of member societies and their members, the Federation organised dozens of professional projects/activities and services in 2019, including certificate courses, symposiums, conferences, talks and community and charity projects.

The member societies of FMSHK are starting to actively seek our services for both their administrative work and event organising; several member societies are currently organising international conferences. Through attending the events/activities of member societies, I was able to get to know the latest trends in medical development and get to know the President of our member societies; it has definitely helped me to guide the Federation in the right direction.

Going forward, as an umbrella organisation for all medical, dental, nursing and allied health societies of Hong Kong, the Federation will continue to uphold its commitment to promote the common good of fellow health professionals. Thank you in anticipation of your support. The Federation looks forward to working alongside you in the near future.

New Membership

With one new member society joining our Federation this year, we now have 142 member societies under the Federation, illustrating that there is a clear sense of belonging and identity within the Federation family. We have accepted a new ordinary member society, namely, the Hong Kong Society for Paediatric Rheumatology. Their profile and activities have been introduced to all our members and fellow professionals through our various channels. I would like to extend a very warm welcome from the Federation to our new member and look forward to engaging them in future joint activities.

Professional Education

FMSHK Annual Scientific Meeting 2019

On 22 September 2019, the Federation of Medical Societies of Hong Kong successfully held the Annual Scientific Meeting 2019 at the Sheraton Hotel and Towers, with the theme of "Innovative Medical Technology".

A total of 23 medical talks were delivered by a panel of distinguished speakers. They shared with us the latest knowledge and developments for Practice of Health Service Management, Respiratory Health, Urology, Depression, Dermatology, Care for Advanced Diseases, Cardiovascular Diseases, Child Health, Diabetes Mellitus & renal Health, Neurosurgery and Rheumatology & Immunology.

FMSHK was much privileged to have the Officiating Guest, Prof. the Hon. Sophia Siu-chee CHAN, JP, Secretary for Food & Health Bureau, Prof. Chak-sing LAU, President of Hong Kong Academy of Medicine, Dr. Tony Pat-sing KO, Chief Executive of Hospital Authority, Dr. the Hon. Edward Che-hung LEONG, GBM, GBS, JP, Mr. Wen-shen LI (李文慎副部长), Liaison Office of the Central People's Government in Hong Kong SAR and Dr. the Hon. Pierre CHAN, Legislative Councillor (Medical) to officiate the opening ceremony.



Prof. CHAN and the Honourable Guests identified the eight elements that achieve Innovative Medical Technologies, namely, Target 目標, Strategy 策略, Connectivity 聯繫, Innovation 創意, Methodology 方法, Evaluation 評估, Synergy 協同 and Leadership 領導.

We would like to take this opportunity to express our sincere gratitude to our officiating guest, honourable guests, co-chairmen, chairpersons and speakers for their contributions that made the event a great success. Our gratitude also extends to various sponsors for their generous support.

Certificate Course

A total of 19 certificate courses have been held so far this year. The impressive range of different courses was held in collaboration with member societies, and all were well organised with good attendances and feedback. The topics this year ranged diversely and spanned across different disciplines, including Allergy, Cardiology, Mental Health, Respiratory Medicine, Renal Medicine, Palliative Medicine, Care for Advanced Diseases, Practical Obstetric Ultrasonography, Communication and Swallowing Development and Disorders in Children, Essential Healthcare Mediation, Complaint Management, Difficult Communications in Healthcare, Best Practices in Quality of Life Evaluation and Assessments, Clinical Cytogenetics and Genetics, Ophthalmology, and Pain Management in Geriatric Patients etc. New topic proposed from our member societies like Osteoporosis, Mindfulness-based Stress Reduction (MBSR), and Understanding and Treating Sex Offenders were widely supported by the Healthcare Professionals.

Symposiums and Conference Organising Services

One of the services of the Federation that is greatly appreciated by members is our meetings and conference organising services. We have strengthened these services and organised various scientific events for our member societies and partners in recent years. All of them were well attended by members and fellow professionals. The Federation will continue to serve our members' needs in this regard.

CME Symposium - Go Beyond the Status Quo with PCSK9 Inhibitors: The Challenging Journey After a CV Event

A dinner symposium entitled 'Go Beyond the Status Quo with PCSK9 Inhibitors: The Challenging Journey After a CV Event' was held on 28 May 2019 at Alexandra House, Central. We were pleased to have invited Prof. Bernard Man-yung CHEUNG, the First Vice-President of the Federation to be our moderator and Dr. Yehuda HANDELSMAN, specialist in diabetes, obesity, dyslipidemia, and the prevention of cardiovascular disease to be our speaker. Special thanks to Amgen Hong Kong Limited for sponsoring this event.

CME Symposium - How Low to Go with LDL-Cholesterol

A lunch symposium named 'How Low to Go with LDL-Cholesterol' was held on 4 July 2019 at Alexandra House, Central. We were pleased to have invited Prof. Brian TOMLINSON, the Chair was of Asia-Pacific Federation of the International Atherosclerosis Society to be our moderator and Dr. Norman CHAN, specialist in endocrinology to be our speaker. Special thanks to Amgen Hong Kong Limited for sponsoring this event.

HKSCCM Health Exhibition 2019

The Hong Kong Society of Critical Care Medicine Health Exhibition 2019 was held on 14 - 15 September 2019 at Lok Fu Place. The theme of the exhibition was “敗血病知多D 健康展覽活動暨開幕典禮”. We are pleased to have invited Dr. Tony Pat-sing KO, Chief Executive of Hospital Authority, Dr. Wing-wa YAN, Chairman of Central Coordinating Committee on Intensive Care, Hospital Authority and Ms. Fung-yee LEUNG, Chairman of Hong Kong Association of Critical Care Nurses to be our officiating guests. Media were invited and several articles were published in newspapers including AM730, Metro Daily, Hong Kong Economic Journal and Oriental Daily, etc. There were panels promoting knowledge of Sepsis to the general public and booths for demonstrating the environment in ICU and equipment for the treatments.

HKSCNDP ASM 2019

The Hong Kong Society of Child Neurology and Developmental Paediatrics Annual Scientific Meeting 2018 was held on 5 - 6 October 2019 at Queen Elizabeth Hospital. The theme of the meeting was "Movement Disorders in Children and Advances in Treatment". We were pleased to have invited Dr. Nathalie DORISON, a Paediatric Neurologist, The Fondation Adolphe de Rothschild Hospital, Paris, France, to be our Course Director and keynote speaker. Local experts were invited to share their experiences and knowledge. There was a series of lectures and case sharing to provide participants with an update on recent advancement in the diagnosis and treatment of patients with movement disorder.

Publics talks of Hong Kong Society of Sleep Medicine

Organised by the Hong Kong Society of Sleep Medicine, three public talks on "睡眠呼吸機攻", "睡眠窒息症" and "有覺好眠" had been held on 2 December 2018, 23 June 2019 and 22 September 2019 respectively. The total numbers of participants have reached 143. Another talk on "睡眠窒息症" was held on 17 November, 79 participants attended.

Secretarial Service

Various secretarial service packages were developed to support the administrative work of member societies as a members' benefit. In total, three societies had joined the Elegant Package; three societies had joined the Basic Package; while two societies had joined the Simple Package. Furthermore, seven societies had joined the Web Hosting SWIFT package, ten societies had joined the mail related services, and one society had joined the storage service. It is our aim to provide all-in-one office solution services to our members to share their administrative workload.

Enhancing Professionalism and Advocacy for our Member Societies and the Public

For its advocacy role, the Federation continues to actively express our members' and the public's viewpoints on professional issues and public concerns.

Consultation Paper on Causing or Allowing the Death or Serious Harm of a Child or Vulnerable Adult

The consultation paper entitled 'Causing or Allowing the Death or Serious Harm of a Child or Vulnerable Adult', was published by The Law Reform Commission of Hong Kong (LRC) Sub-committee on Causing or Allowing the Death or Serious Harm of a Child or Vulnerable Adult. FMSHK was invited by LRC to gather views from professionals in the healthcare industry. Invitations were sent to member societies for review and comments on 16 August 2019.

Publications

Medical Diary

Our Hong Kong Medical Diary (HKMD) is sent to our registered medical professional colleagues free of charge, and electronic versions are accessible through our website and the internet. Concise and valuable updates on the latest medical knowledge are provided, crossing different fields and specialties. The twelve issues of 2019 covered Medical Law and Mediation, Infectious Diseases, Nephrology, Personalised Care in Respiratory Medicine, Personalised Practice in Allergy, Towards 2025: Strategy and Action Plan to Prevent and Control Non-communicable Diseases in Hong Kong, Massive Postpartum Haemorrhage, Nocturia, Dentistry, Rehabilitation Medicine, Orthopaedic and Evidence-based Medicine.

Radio Programme

Starting from 9 October 2019, the Federation had now collaborated with a popular health programme of RTHK Radio One to run a regular series on medical and healthcare information in "精靈一點". It runs from 2 pm to 3 pm every Tuesday. The 12 sessions tied in with the themes of the Hong Kong Medical Diary 2019. Issue editors and authors are invited to attend the interviews to disseminate medical and healthcare knowledge on latest patient care to the general public.



Date	Topic	FMSHK representative 1	FMSHK representative 2
9 October 2019	醫療調解	Dr. James SP CHIU	Dr. Robert LAW
16 October 2019	急性腸胃炎	Dr. Kai-ming CHAN	Dr. Chi-ho NG
23 October 2019	腎病與你系列 透析治療 - 家居腹膜透析，家居血液透析	Dr. Samuel Ka-shun FUNG	Dr. Hon-lok TANG
30 October 2019	肺病治療新世代	Dr. Chun-kong NG	Dr. David Chi-leung LAM
6 November 2019	精準個人化防敏及脫敏診療	Dr. Marco HO	Dr. Adrian Young-yuen WU
13 November 2019	電子煙的禍害	Dr. Jane Chun-kwong CHAN	Dr. David LAM
20 November 2019	對產後大量出血的跨專科治療	Dr. Wing-cheong LEUNG	Dr. Danny HY CHO
27 November 2019	夜尿，點、滴	Dr. Victor Hip-wo YEUNG	Dr. Siu-king MAK
4 December 2019	健康牙齒美麗笑容由始起	Dr. Tony Ngan-fat TO	Dr. Arthur See-king SHAM
11 December 2019	康復醫學的趨勢與前瞻	Dr. Frank Ho-yin LAI	Prof. Raymond KY TONG
18 December 2019	循證醫學	Prof. Bernard Man-yung CHEUNG	Dr. Tsang CHEUNG
25 December 2019	骨科微創手術和治療的新方向	Dr. Kwai-ming SIU	Dr. Chong-hing WONG

TV Programme

Federation was invited by TVB to join their TV programmes.

Programme (Channel)	Date	Topic	Speaker / Proposed Speaker
Vital Lifeline 最強生命線 (TVB)	10 December 2018	Hernia 小腸氣	Dr. Oswens Siu-hung LO
	21 January 2019	疣	Dr. Kingsley Hau-ngai CHAN
	4 March 2019	青年抑鬱	Dr. CP TANG
	18 March 2019	子宮下垂	Dr. Cecilia CHEON

FMSHK Website

FMSHK website is the official online platform to provide the latest Federation News to members and public, including e-version of Hong Kong Medical Diary, latest certificate courses, promotion and review of events & meetings. From December 2018 to November 2019, the average hit rate of FMSHK website is over two million per month.

External Activities

The Federation has also been active in renewing long term friendship with external organisations. It is our interest to link up with our partners, synergising the enthusiasm and determination to serve the community.

The 70th Anniversary of People's Republic of China Celebration Dinner from Medical Sector

The Federation was invited to be one of the eleven supporting organisations of the 70th Anniversary of People's Republic of China Celebration Dinner for Medical Sectors which was successfully held on 10 September 2019. Dr. Mario Wai-kwong CHAK, President of the Federation of Medical Societies of Hong Kong (FMSHK) was appointed as one of the Organizing Committee members whereas Prof. Bernard Man-yung CHEUNG, the 1st Vice-President of the Federation was appointed as a Sub-committee member of the event. It was a successful dinner.

"Supporting Pharmaceutical Wholesale Dealers and Secondary Packaging Manufacturers to implement PIC/S GMP Quality Standard by developing a Smart Expert System and Training."

With the implementation of the Smart Expert System, the Federation believed that it would be beneficial to the pharmaceutical dealers as well as the secondary packaging industries. The application of Smart Expert System in Hong Kong would improve the overall safety in the Hong Kong pharmaceutical industry as well as the wellbeing of all Hong Kong citizens.

Support of Public Health Policy

Total ban on Tobacco and New Tobacco products

1. Conducted the oral presentation at Legislative Council

To protect the health of our community, especially the health of the younger generations in Hong Kong, a Joint Press statement was issued to urge for the immediate passage on the bill to ban electronic cigarettes and other new tobacco products in February 2019. Subsequently, the Federation was invited by the Legislative Council Bills Committee to hand in written submission and Prof. Bernard Man-yung CHEUNG, our 1st Vice-President, attended and had an oral presentation at the Deputation Meeting on the Total Ban of Alternative Smoking Products on 13 April 2019.

2. Supported the World No Tobacco Day

The Federation was also one of the supporting organisations for the publicity programme for World No Tobacco Day (31 May 2019) with the theme of "Smoke-free Channel" which was launched by Hong Kong Council on Smoking and Health (COSH).

3. Supported the launching of Hong Kong Cancer Strategy

Department of Health had prepared the Cancer Strategy based on the recommendations of the World Health Organisation. Dr. Edwin Chau-leung YU attended the Briefing and Engagement Session on the proposed Hong Kong Cancer Strategy. The first Hong Kong Cancer Strategy was officially launched on 26 July 2019.

4. Supported the "Support to Enact a Total Ban on E-cigarettes and other New Tobacco Products" Signatory Campaign

The Federation fully supported the signatory campaign. The invitation was extended to Member Societies, school heads, education associations, friends and partners of Federation. The number of signatures increased around 15,000 after one-month continuous invitations and e-promotions.

5. Supported the Raising Tobacco Tax In the 2019-20 Budget

Federation co-signed the open letter to raising the tobacco tax by 100% in the 2019 - 20 budget to the Financial Secretary.

FMSHK Activities for Members Fraternity

Dream Cruises Presents: Federation Annual Dinner 2018

The Annual Dinner of the Federation, held on New Year's Eve each year, was one of the flagship events of the Federation, at which friends and families gathered to enjoy themselves and welcome the arrival of a new year. This year we are grateful to have Dream Cruises as our Title Sponsor. Apart from representing Dream Cruises, the keyword "Dream" also represented the Federation's dream to unite the medical organisations in Hong Kong and to exchange advanced medical knowledge with the world. The glittering evening was hosted by Dr. Ludwig Chun-hing TSOI, Honorary Secretary of the Federation, and Ms. Sally POON, Chairman of Hong Kong Practising Dietitians Union, who served as chairman and chairlady of the dinner. It was attended by over 250 guests from our member societies and partners from the medical and healthcare communities.

We were privileged to have many distinguished guests joining us, including

Prof. the Hon. Sophia Siu-chee CHAN, JP, Secretary for Food & Health Bureau; Prof. the Hon. Joseph LEE Kok-long, SBS, JP, Member of Legislative Council (Health Services); Dr. the Hon. Pierre CHAN, Legislative Councillor (Medical); Dr. the Hon. Edward Che-hung LEONG, GBM, GBS, JP & Mrs. Lilian LEONG; Dr. York Yat-ngok CHOW, GBS, former Secretary for Food and Health; Prof. Gabriel LEUNG, Dean of The Li Ka Shing Faculty of Medicine, The University of Hong Kong; Dr. Wai-sum LUK, Vice President of Association of Licentiates of Medical Council of Hong Kong; Prof. Chak-sing LAU, President of Hong Kong Academy of Medicine; Dr. Chor-chiu LAU, Vice-President (General Affairs) of the Academy of Medicine; Prof. Diana LEE, Professor of Nursing, The Nethersole School of Nursing, Faculty of Medicine, The Chinese University of Hong Kong; Dr. Laurence HOU; Dr. Cissy YU, Founding President of Hong Kong Women Doctors Association;



Dr. Samuel KWOK, President of Association of Private Medical Specialists of Hong Kong; Dr. Pak-chin CHOW, Immediate Past President of College of Ophthalmologists of Hong Kong; Dr. Lobo LOUIE, President of Hong Kong Association of Sports Medicine & Sports Science; Dr. Kai-sing TONG, Council Member of Hong Kong Medical Association; Dr. Henry YEUNG, President of Hong Kong Doctors Union; Dr. Wilson YEE, President of The Hong Kong Thoracic Society; Dr. Petrus Shek SZETO, President of The Hong Kong Society of Practising Urologists; Dr. Shao-haei LIU, President of Hong Kong College of Health Service Executives and Dr. Nancy YUEN, Past President of The Hong Kong Ophthalmological Society.

The presence of these honourable guests brightened up the evening and we owed them our heartfelt thanks.

Throughout the evening, many superb and talented performers from the medical communities gave a variety of performances, including funky jazz dance performances by EC Swag; band performances by HKOTA Band and St. John's Band; ballroom dance performances by Dr. Wei-lee HUI and Mr. Johnny LIU, and Dr. Dui WU and Mr. Jianyu ZOU; singing by Dr. York Yat-ngok CHOW, Dr. Nancy YUEN and Dr. Samuel KWOK, Dr. Henry YUENG, Dr. Mario Wai-kwong CHAK, Ms. Sally POON, Dr. Johnny Leo CHAN and Dr. Kenneth LIU and Dr. Victor Hip-wo YEUNG. The dinner was indeed a star-studded event. The highlight was undoubtedly the rendition of the Cantopop classics, 'Star' (星) and 'Below the Lion Rock' (獅子山下), by Prof. Sophia Siu-chee CHAN, Prof. Joseph LEE Kok-long, Dr. Pierre CHAN, Dr. Edward Che-hung LEONG, Dr. York CHOW, Prof. Gabriel LEUNG, Prof. Chak-sing LAU, Dr. Chor-chiu LAU, and Prof. Diana LEE, Dr. Cissy YU, and our President Dr. Mario Wai-kwong CHAK and the Executive Committee members.

Everyone was thoroughly absorbed in the Bingo hosted by our very own Bingo Masters, Mr. Benjamin Cheung-mei LEE & Mr. William TSUI. Our guests turned into the stars of the evening in the Best Costume Awards and Dance Fever Competition. The atmosphere of the evening was brought to a climax with the countdown party and pop classics performed by Dr. Mario Wai-kwong CHAK, Dr. Ludwig Chun-hing TSOI, Ms. Sally POON and our EXCO members.

After midnight, everyone was still enjoying themselves, especially with the Lucky Draw. Fabulous prizes this year included the Luxury Prize of a "World Dream 5-night Discovery in a Palace Deluxe Suite for 4 persons" that was worth \$60,000, the Premier Prize of a "World Dream 5-night Discovery in a Balcony Deluxe Suite for 3 persons" that was worth \$30,000, and delightful prizes such as Decorte AQ Meliority Facial Care Gift Sets, AQ Bio Sanitizer Gift Set, and Nespresso Coffee Machine.

All in all, it was a beautiful night during which we shared our joy and excitement. We would like to express our sincere gratitude to all our sponsors, and thank all our guests for joining us on this memorable occasion.

FMSHK Spring Dinner

The Federation celebrated the 2019 Chinese New Year with a Spring Dinner on 11 March 2019. It was a festive occasion as our President, Officers, Executive Committee Members, Foundation Directors and the Secretariat colleagues gathered for the New Year.

Federation Sports Days

The Federation Sports Day 2019 was held at the Ying Wah College on 7 April & 9 June 2019. This year, table tennis tournament was introduced into our Sports Day. There were 8 soccer, 7 basketball and 4 table tennis teams that participated in the tournament, including The Federation Invitation Team, The Federation EXCO Team, The Hong Kong Medical Association, Hong Kong Association of Sports Medicine and Sports Science, Bupa Asia Ltd, AstraZeneca Hong Kong, Roche Hong Kong, Procter & Gamble Hong Kong, Pfizer Corporation Hong Kong, Hong Kong Urological Association and Jacobson Pharma Corporation.

We congratulate the winning teams and express our sincere gratitude for the supports from all the participating teams and guests.

The results are as follows:

Soccer Five Tournament

Champion : The Federation Invitation Team
1st Runner Up : The Hong Kong Medical Association
2nd Runner Up : Roche Hong Kong
Top Scorers : Herman Ho-tung WONG, The Hong Kong Medical Association

Basketball Tournament

Champion : Pfizer Corporation Hong Kong
1st Runner Up : Jacobson Pharma Corporation
2nd Runner Up : Roche Hong Kong
Top Scorer : Kwan-lun WONG, Jacobson Pharma Corporation

Table Tennis Tournament

Champion : The Hong Kong Medical Association
1st Runner Up : Pfizer Corporation Hong Kong

Community and Charity Projects

Music & Academic Scholarships and Music Therapy

The Foundation's Charity Projects for Children in Need continue to gain momentum. The Charity Project for 2019 included Music & Academic Scholarships for Bereaved Children and Music Therapy Classes for Children in Need (with developmental delay). Throughout the activities & training workshops, we hoped to help the children to build up their positive self-image, self-expression skills (verbal or non- verbal), as well as friendship and team spirit amongst their peers. The programmes received very positive feedback from teachers, students & their parents.

Care for the Advanced Diseases

1. Visited at Gerontech and Innovation Expo cum Summit 2018 held by HKCSS
2. Delivered a talks on "Advance in Therapeutics Course 2019" held by BMA (HK)
3. Delivered a talk on "Care for Serious Illnesses and Advanced Diseases Medico-Legal Seminar"
4. Organised the 4th consortium meeting in Jul
5. Delivered talks in certificate course on Care for Advanced Diseases with BMA (HK) as co-organiser
6. Organised public talk & body check on Advanced Diseases and Osteoporosis for elderlies
7. Contributed an article "延年益壽: 如何面對晚期病患" to NT West Elder Academies Cluster - 聯網通訊 in Apr.
8. Delivered talks in FMSHK ASM 2019
9. Supported the Consultation – "Legislative Proposals on Advance Directives and Dying in Place", collected and submitted questionnaires to Government.

Office Renovation 2019

The office renovation work of Lecture Hall, Multi-function Room 1 and storerooms was completed in Mid-Jun 2019. The well-equipped Multi-function Room 2 was newly introduced to our members for meeting; seminar; press conference and social gathering.

Thank you for your kind attention.



Dr. Mario Wai-kwong CHAK
President, FMSHK



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